University of North Dakota
Department of Kinesiology and Public Health Education
Health Education Minor

**21-24 Credits**

_____KIN 207 (3) Prevention and Care of Physical Activity Injuries (F, Sp)
_____KIN 327 (3) Fitness For Life (F, Sp)
_____KIN 403 (2) School Health Education (Sp)
_____Psych 250 (4) Developmental Psychology (F, Sp)
_____Nutr 240 (3) Fundamentals of Nutrition (F, Sp, O)

**7-10 Credits to include one from each of the following areas:**

**Group 1**
_____Bio 124 (2) Environmental Science
_____Geol 103 (3) Introduction to Environmental Issues

**Group 2**
_____Psyc 299 (3) Human Sexuality
_____T&L 252 (3) Child Development
_____Soc 335 (3) The Family

**Group 3**
_____PPT 410 (2) Drugs Subject to Abuse
_____Soc 355 (3) Drugs and Society
_____SWk 315 (2) Substance Use and Abuse

Special topics and other courses may be substituted only with Kinesiology and Public Health Education adviser approval.

Students interested in a Minor in Health Education should consult with an adviser in Kinesiology and Public Health Education before beginning the Minor. Additional requirements are needed in most states to obtain licensure to teach school health.