University of North Dakota  
Department of Kinesiology & Public Health Education  
Public Health Education

**Essential Studies Requirements (39 Credits)**

**Communication 9 Credits**
- Engl 110 (3) College Composition 1
- Engl 130 (3) College Composition 2
- Comm 110 (3) Public Speaking

**Social Sciences 9 Credits (min of 2 departments)**
- PHE 101 (3) Introduction to Public Health (F)
- PHE 102 (3) Epidemiology in Public Health (F)
- PHE 103 (3) Introduction to Global Health (SP)

**Fine Arts and Humanities 9 Credits (min of 2 departments and min of 3 credits in Fine Arts and 3 credits in Humanities)**
- ES Approved Fine Arts (3)
- ES Approved Humanities (3)
- ES Approved Fine Arts or Humanities (3)

**Mathematics, Science and Technology 9 Credits (min 2 departments and include a 4-hour science course w/a lab)**
- ES Approved Math, Sci and Tech (3)
- ES Approved Math, Sci and Tech (3)
- Nutr 240 (3) Fundamentals of Nutrition (F,Sp,O)

**Special Emphasis-12 Credits completed within ES Requirements**
- Advanced Communication - any course designated as A (3)
- Quantitative Reasoning - any course designated as Q (3)
- Global Diversity - any course designated as G (3)
- United States Diversity - any course designated as U(3)
- 4 credit lab science course
- Oral Communication

**Capstone- 3 Credits**
- ES Approved Capstone (3)

**Prerequisite Courses- 9 credits**
- Anat 204 (3) Anatomy for the Paramedical Personal (F,Sp)
- Anat 204L (2) Anatomy for the Paramedical Personal Lab (F,Sp)
- PPT 301 (4) Mechanics of Human Physiology (F,Sp,O) (Prereq: Anat 204 and either Bio150+lab or Chem 116+lab or Chem 121+lab)

**Health Related Core Classes-18 Credits**
- PHE 101 (3) Introduction to Public Health (F)
- PHE 102 (3) Epidemiology in Public Health (F)
- PHE 103 (3) Introduction to Global Health (SP)
- KIN 110 (1) First Aid and CPR (F,SP,O)
- KIN 240 (2) Introduction to Wellness (F,SP)
- Nutr 240 (3) Fundamentals of Nutrition (F,SP,O)
- KIN 327 (3) Fitness for Life (F,SP)

**Electives-23 Credits**
- PHE 301 (3) Principles/Foundations of Health Education (F odd years)
- PHE 302 (3) Community Health (F Odd years)
- PHE 303 (3) Organization/Admnistration of Community Health Programs (Sp odd years)
- PHE 304 (3) Health Programing Planning and Implementation (Sp even years)
- PHE 305 (3) Program Evaluation and Research Design (Sp odd years)
- PHE 306 (3) Epidemiology and Biostatistics ( F Even Years)
- PHE 307 (3) Methods and Materials in Health Education (F Even Years)
- PHE 415 (15) Internship (Su)

**Graduation Requirements**
- 125 Credits
- 60 Credits from 4 year institution
- Last 30 credits from UND
- 30 credits from UND
- 36 semester credits 300 or higher
- College GPA 2.2 or higher